



ASK A COACH (Via Email)

HOW IT WORKS

- After purchase, you will receive an email that contains your coach's email address.
- Send your coach no more than TWO questions.
- Questions are *defined* as SINGLE TOPICS (one per question) and those that can be answered in a *single email* using no more than *three paragraphs* (per question).
- Your coach will answer within 24-hours.

Note: We are fair people who genuinely help others. We ask our client's to be realistic and professional. If your questions require deeper background information, then our coaches reserve the right to refund your payment and recommend a 30-min or one-hour consult.